



PRINCIPLES OF ENABLEMENT POLICY

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Guiding Principles

The key principle underpinning the establishment of this policy is the adoption of a process of early intervention and short term help with the aim of preventing or delaying the development of complex support needs at a later stage in a service user's life.

Other guiding principles informing the policy are set out below:

- The role of adult social care is to help people maintain or regain their independence, regardless of age, impairment, ethnicity or personal circumstances.
- Increased choice and control for people eligible for social care services.
- Person-centred: service users should have more control and choice over their assessment and support
- The role of social care providers such as ourselves is to support service users to achieve the desired outcomes that have been identified in the support plan.
- Service users will have access to a full range of information, advice and support services, including equipment, adaptations and other assistive technology, to empower them to address their social care needs themselves if they so wish.

Definition

The Department of Health's definition of enablement is: *'the use of timely and focused intensive therapy and care in a person's home to improve their choice and quality of life, so that people can maximise their long term independence by enabling them to remain or return to live in their own homes within the community. This approach focuses on re-enabling people within their homes...so they achieve their optimum stable level of independence with the lowest appropriate level of ongoing support care'*.

Enablement is also defined as one of three partially overlapping forms of health and social care:

PREVENTION – Services for people with deteriorating physical or mental health or learning disabilities to help them avoid unplanned or unnecessary admissions to hospital or residential care. This can include short-term emergency interventions as well as longer term low-level support.

REHABILITATION – Services to people with deteriorating physical or mental health or learning disabilities to help them achieve optimum independence.

ENABLEMENT - Services for people with deteriorating physical or mental health or learning disabilities to help them self-manage their condition by learning or relearning the skills necessary for daily living.

Policy Statement

Enablement focuses on maximising people's long-term independence, choice and quality of life, whilst at the same time attempting to minimise the requirement for ongoing support. Through achieving these goals, enablement seeks to reduce the whole-life cost of support by applying resources at the early stages of a service user's recovery process in an attempt to support independent living and remove, delay or reduce the need for ongoing support.

Required Outcomes

JRH Support will deliver services in accordance with the White Paper 'Our Health, Our Care, Our Say', and reflected in the National Minimum Standards Outcome summaries issued by the care Quality Commission (CQC) namely:

- Exercising Choice and Control
- Improved health and Emotional Well-being
- Personal Dignity and Respect
- Quality of Life
- Freedom from Discrimination and Harassment
- Making a Positive Contribution
- Economic Well-being

Regardless of whether the people we support have a learning disability or not, we will also deliver services to reflect the key outcomes in accordance with 'Valuing People Now'

Rights

People with learning disabilities (or other social care needs) and their families have the same human rights as everyone else

Independent Living

This does not mean living on your own or having to do everything yourself. All disabled people should have greater choice and control over the support they need to go about their daily lives; greater access to housing, education, employment, leisure and transport opportunities and to participation in family and community life

Control

This is about being involved in and in control of decisions made about your life. This is not usually doing exactly what you want, but is about having information and support to understand the different options and their implications and consequences, so people can make informed decisions about their own lives

Inclusion

This means being able to participate in all the aspects of community – to work, learn, get about and meet people, be part of social networks and access goods and services – and to have the support to do so